

Our Lives



www.cvt.org.uk

With The Camphill Village Trust 2010

Our Communities and where we are

Newton Dee Community
Bielside, Aberdeen, AB15 9DX
Tel: 01224 868701
newton.dee@camphill.net
www.cvt.org.uk/newtondee

Loch Arthur Community
Beeswing, Dumfries, DG2 8JQ
Tel: 01387 760618
loch.arthur@camphill.net
www.cvt.org.uk/locharthur

Camphill Houses
19 South Road, Stourbridge,
W. Midlands, DY8 3YA
Tel: 01384 441505
camphill.houses@camphill.net
www.cvt.org.uk/stourbridge

Grange Village
Littledean Rd, Newnham-on-Severn,
Glos, GL14 1HJ
Tel: 01594 516246
grange.village@camphill.net
www.cvt.org.uk/grange

Taurus Crafts
The Old Park, Lydney,
Glos, GL15 6BU
Tel: 01594 844841
taurus.crafts@camphill.net
www.cvt.org.uk/tauruscrafts



Larchfield Community
Stokesley Rd, Hemlington,
Middlesbrough, TS8 9DY
Tel: 01642 579800
larchfield.community@camphill.net
www.cvt.org.uk/larchfield

Botton Village
Danby, Whitby, N Yorks, YO21 2NJ
Tel: 01287 660871
botton.village@camphill.net
www.cvt.org.uk/botton

The Croft Community
4 Old Maltongate, Malton,
N Yorks, YO17 7EQ
Tel: 01653 694197
croft.community@camphill.net
www.cvt.org.uk/croft

Camphill St Albans
76 Sandridge Rd, St Albans,
Herts, AL1 4AR
Tel: 01727 811228
camphill.stalbans@camphill.net
www.cvt.org.uk/stalbans

Oaklands Park Community
Newnham-on-Severn, Glos, GL14 1EF
Tel: 01594 516551
oaklands.park@camphill.net
www.cvt.org.uk/oaklands

Delrow Community
Hilfield Lane, Aldenham, Watford,
Herts, WD25 8DJ
Tel: 01923 856006
delrow.community@camphill.net
www.cvt.org.uk/delrow

the Camphill Village Trust

Camphill Village Trust Ltd,
The Old School House, Town Street,
Old Malton, N. Yorks YO17 7HD.
Tel: 0845 0944 638 Fax: 0845 0944 639
Email: cvtsec@camphill.org.uk

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and/or a close working association with the following
bodies:*

*The Association of Camphill Communities UK &
Ireland, Camphill England and Wales,
Camphill Scotland, The Christian Community,
The Anthroposophical Society, The Biodynamic
Agricultural Association, The Association for Real
Change (ARC), The National Council of Voluntary
Organisations (NCVO), The British Institute of
Learning Disabilities (BILD), The Voluntary
Organisations Disability Group (VODG).*

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**Now retired
•Deceased 29 April 2010*

*Newton Dee Community held a Big
Picnic (below) as part of its 50th
anniversary celebrations.*



Chairman's Introduction by Chris Cook

I'm delighted to welcome you to our Annual Review for 2010.

As I write these words, we find ourselves in challenging times for the charitable sector. However, we are fortunate that over the years the Camphill Village Trust has always worked to create a strong financial position. As a result, the Trust is moving into the current period of economic caution with sound finances, giving us a strong base for our continuing work of developing supportive communities which include people with learning disabilities and other special needs.

Mutual support, of course, is at the heart of Camphill, not just between individuals but between our different communities. Their growth and ongoing development has been achieved through working together and without the need to borrow. And it's thanks to the continuing support of those who respond so generously to our fundraising that we have been able to build and refurbish the housing in our communities to high standards in recent years.

This prudent investment in the quality of our housing, workshops and community buildings over the past decade or so means that each of our 11 communities has wonderful facilities for all who come to live and work with us. We intend to continue that investment thanks to the hard work and success of individual communities, our Camphill Family fundraising team and the generosity of the many people who support us.

We cannot, however, ignore the current economic situation. So over the past year we have been looking carefully at our budgeting, housekeeping and financial planning. Our finance group has been examining the overall financial performance of our activities, making forward projections and providing our board of trustees with the information we need to determine future strategy.

Our building monitoring group is also doing valuable work by ensuring that our new community projects are viewed from a professional perspective and managed and procured effectively.

Like society in general, our 11 communities have an ageing population. That, of course, includes our co-workers as well as those with special needs who we support. Young people of all abilities continue to be attracted by what our communities offer, while those who have been with us for some time are now living longer. So it's vital that our plans for the future meet the housing and support needs of both young and old.

We find that the requirements of elderly people often seem to be viewed too narrowly and from a purely physical perspective – additional handrails here, wheelchair access there, and so on. But being part of a community isn't simply a matter of where you live, it's about the web of relationships you have with the people around you. So in our holistic Camphill approach to meeting people's needs, our communities must work for everyone socially as well as physically. That means we must ensure that older members continue to be engaged in community life to the level that they want to be, whether that means continuing to be involved in work activities or taking part in other aspects of community life that keep mind and body active.

Currently, 'personalisation' is very much at the centre of social care policy. It has always been part of our Camphill ethos that each person is respected as an individual, so our communities have been working with the Camphill personalisation project manager to consider different types of supported accommodation based on individual choice. With the Camphill social work team we have also been

helping our community members to share their thoughts on how they wish to live their lives with us. That will help us widen opportunities for people needing support, and those who support them, so they can lead the lives they choose.

In the following pages we aim to offer an insight into what Camphill community life means today to people of all abilities. Following the theme of 'Our Lives', community members with additional support needs, support co-workers, employees and volunteers tell us about what it means to them to be part of our communities.

There's no doubt that our communities will continue to develop and change to meet the hopes and aspirations of those with special needs and those who live and work alongside them. So as the opportunities that we offer through our communities to people of all abilities continue to develop, it's important that we also develop and grow in the way that we manage the work of the Trust.

In many of our meetings we have become increasingly aware of a gap at the executive level within the Trust, and trying to bridge this administrative gap by relying on our hard-working co-workers, who have so many other roles to fulfil, simply isn't possible. So the Trust's Council has come to a shared acceptance of a need to recruit someone with suitable skills and experience, initially for a three-year period.

We want the person who fills this role to take the lead in a process involving as many people as possible to develop a shared vision and sense of direction across the Trust. Building on our many strengths and achievements, the intention is that he or she will help us create the structure needed to meet future challenges. We want to ensure that, by exercising good governance and management, we can continue to be innovative in meeting people's current and future support needs through healthy communities based on the Camphill ethos.

Finally, I wish to express my gratitude to the many people who put in so much work to make our communities successful in making real differences in people's lives. Those who come to us for support, of course, are the ones who make it all possible. It is through them that we are able to create the support network of co-workers, volunteers, employees, management committee members, trustees and fundraising donors.

It is the mutual support that flows between all these groups of people that makes our Camphill Village Trust communities, and our lives, so special.



CHRIS COOK

Chairman,
Camphill Village Trust.

“It is the mutual support that flows between all these groups of people that makes our Camphill Village Trust communities, and our lives, so special.”

What we do

The Camphill Village Trust is a national charity offering support to adults with learning disabilities, mental health problems and other special needs through our 11 communities in England and Scotland.

Our person-centred approach recognises everyone's individuality, and we believe that no matter what our ability or disability, each individual can truly grow and blossom in relationship with other people. It is the relationships which each of us has with those around us which make a true community.

The Camphill ethos is founded on the ideas of the philosopher Rudolf Steiner. Our communities are based on mutual support – being there for each other - with people of all abilities receiving the support they need from those around them while contributing whatever they can to community life.

Our communities include more than 1,000 people with approximately half of those having additional support needs. We aim to offer support to match the hopes and aspirations of each individual in their home life, working life, social life, cultural life and spiritual life. Through social enterprise we are able to offer training and voluntary work opportunities to community members.

Each of our communities is different in terms of size, character and location. This diversity offers community members a wide choice and the freedom to be themselves with the support they need in their lives. Our communities are integrated into the life of the areas in which they are based which include busy cities and urban conurbations, bustling market towns and quieter rural areas.

As well as caring for each other, we care for the land on which we are based and the wider environment. We follow organic and biodynamic principles on our farms and in our gardens and avoid wasteful use of resources and recycle whenever possible.



Alex (right) enjoys cooking with support from co-worker Sophia.

“Our communities are based on mutual support – being there for each other ”

Personalisation

The recognition of each person as an individual has always been part of the Camphill ethos with the emphasis on supporting each community member to realise his or her full potential in life.

In recent years the Camphill Village Trust has been involved in the development of the Camphill Advocacy Project and the Camphill Social Work Advisory Team to assist communities in understanding the needs and aspirations of those we support. We've supported community members' inclusion in the organisation of self-advocacy conferences and everyone we support has helped in the development of our communities' five-year plans.

Person-centred planning is central in our approach to meeting people's needs. It allows us to understand the support that each person needs and allows individuals to make clear choices about their lives. As a result, many of our community members are taking steps forward in their lives through education and training and gaining greater independence.

The Camphill Village Trust believes that personalisation is such an important topic that we have funded a Camphill Personalisation Project Manager to help our communities and those we support have a clearer understanding of personalisation. Since the beginning of 2010, project manager Phil Gibson has led workshops in our communities to help them deliver and develop community support which is more responsive to individual choice.

There have also been workshops for our community members under the title *My Life, My Choice*. This has allowed those involved to say clearly which aspects of Camphill life they enjoy and new areas where they would like support.

Communities are also looking at what local authorities and other local people with learning disabilities want, so they can work with funders to develop services to meet local needs.



Since Mark joined Larchfield Community a year ago he's achieved a great deal, including his Riding - Grade 1 certificate from Riding for the Disabled Association.

As a result, our communities are developing new ways of supporting people, from independent accommodation with floating support to co-ownership of accommodation and redevelopment of existing housing into smaller, more independent units.

Personalisation is about developing services to meet needs, which is exactly what we're doing.

Everyone got together for an evening of memories as part of Newton Dee's celebrations.



Butcher Martin and Larchfield community member Stephen with their Organic Food Award.



Croft gardeners with their winning tulips.



Celebrations and successes

There have been plenty of reasons for celebrations in our 11 communities over the past year. This was especially so at Newton Dee, Aberdeen, where there was a busy festive weekend in September to mark the community's 50th anniversary. A ceilidh, laying the beginning stone for the new Phoenix Community Centre, a celebratory birthday meal, an evening of memories, a film premiere and a riverside picnic were all in the busy programme.

Congratulations are in order at several communities. Camphill St Albans achieved quality assurance certification with Ways to Quality in June, the second of our communities to attain this goal.

At Larchfield, Middlesbrough, the farm and butchery team were successful in the Soil Association Organic Food Awards gaining a commendation for their beef. The community members, co-workers, employees and volunteers who run The Croft Community's Kingfisher Cafe in Malton won the customer service award in the first Pride of Malton & Norton Awards.

Members of The Croft gardening team studying for a National Proficiency Test Council certificate in horticulture were also winners with a first prize for their tulips at the prestigious Harrogate Spring Flower Show. And the farm and creamery teams from Loch Arthur Community continue their success. Their Criffel cheese was awarded a gold medal at the Royal Highland Show and a bronze medal at the British Cheese Awards.

Many individual community members have had personal successes. Particularly notable is Brian Mannion from Taurus Crafts, Lydney. He was awarded an Early Years and Childcare Student of the Year Award (read more in the following pages).

Many community members have also been taking steps towards greater independence. New independent accommodation at Oaklands Park, Glos, is now occupied; Community members from Grange Village, Glos, have moved into a house in the nearby village of Littledean and the community is also exploring creating accommodation that will allow someone with high care needs to benefit from the environment and activities of the community.

At Delrow Community, Watford, the new St Michael's house is scheduled for completion at the end of the year allowing five new community members to benefit from the support offered at Delrow. Nearby, at Camphill St Albans, community members have been taking advantage of the training opportunities offered by their new city-centre cafe to gain qualifications in food hygiene, health & safety and customer service.

Botton Village's on-going building refurbishment programme has moved onto The Cottage. Included in the work will be energy saving measures including a much higher standard of insulation. Renewable energy, including using timber fuel from the community's own woodlands and solar panels for part of the hot water, is now widely used in the village.

Finally, the Trust is aiming to extend the links that Ashfield Gardens, part of Camphill Houses Stourbridge, has with the local community, allowing more people from deprived areas, the elderly, people with mental health problems and children of all abilities to benefit from getting in touch with nature and the environment.



Brian with his Student of the Year Award.



Victor and Tammy are enjoying living in their independent flats at Oaklands Park.

“Many individual community members have had personal successes.”

Our Lives

with The Camphill Village Trust



Martin creates unique sculptures in the Newton Dee Craft Studio, often using recycled materials.

Independent and busy

Adam Crompton,
Camphill Houses, Stourbridge,
Community Member.

“I used to live with my Mum and my brother and planned to move out to live independently when I turned 21. We looked around for places and I came to Camphill Houses for two residential stays.

I moved in here in July. I share the house with Malaika and Robin and we are supported by Itai and Sachiko who live next door. My family and Malaika's live in the area so that's extra support if we need it.

I came to Camphill Houses because I liked the atmosphere that everybody's there for one another. I'm loving it. It gives me my own independence.

I'm involved in a lot of things in the area. There's a music group at Halesowen and we always do a production in November so we practice the songs for that all through the year.

The Dudley Olympics have their own committee and I'm part of that. I'm involved with football, swimming and athletics.

We've got the indoor games coming up and the Aquathlon, which is swimming and running – whatever distance you do in the pool you then have to run a certain distance. I'm really good at that. I do the pentathlon too, which is the 100 metres, 400 metres, shot put, long jump and high jump.

I used to be a panel member with the Me Too Young People's Panel which inspects leisure facilities to see if they are suitable for people with disabilities. Now I am a voluntary staff member to give them an extra pair of hands.

I like to keep busy.”



Adam and Malaika enjoy their independence at Camphill Houses while still being close to their families.

“I'm loving it. It gives me my independence.”

Adam Crompton.

Really special

Maria Greene,
Delrow Community Volunteer.

“My parents met here as volunteers in 1983 so I’ve grown up knowing about Delrow. I’ve always wanted to come here but had never been before.

I’ve just done my first year of nursing at university and I’m changing to a different university but can’t go there until next year. So it’s given me the ideal opportunity to come here for a year.

I’ve been here a month and it’s gone so quickly. I like it, I really like it. It’s nice and calming and the daily routine is good. I think it’s really special that people with disabilities can be part of a community like this.

There’s so much to learn here. All the volunteers are involved in the Foundation Course every Monday. So far we’ve been looking at health and safety, safeguarding vulnerable people and the history of Camphill. There are 18 volunteers here this year but I’m the only one from Britain.

In the mornings I work in the basketry, supporting the residents who work there. It’s important that they can get to know me and trust me so that if they need any help they can come to me. I’ve never done any basket making before so it’s great to learn a new skill. I just finished my first basket today and it’s not very good. I should be better by the end of my year!

In the afternoon I do cleaning in the house. It’s nice to be able to live as a family with others. In my house there are six residents, the two house co-ordinators and two volunteers.

My parents are visiting soon. They’ve never been back in 27 years, so that will be exciting.”



Maria helps support Brenda and Annie at home.

**“There’s so much to learn here.
All the volunteers are involved in
the Foundation Course.”**

Maria Greene.

Keeping happy

Alan Grant,
Camphill St Albans Community Member.

“I came to Camphill St Albans in 2005. Before that I was at The Causeway and before that at my Mum’s.

I’ve lived here in shared houses at Lily House and Townsend Drive but now I live at the bungalow on my own. It’s OK on my own. It was good in the group houses and it can be quite hard and difficult on my own but it is nice to have my own place and look after it myself. People come over and I see my family too.

I’m involved in the APT art studio on Wednesdays, Thursdays and Fridays, mornings and afternoons. I’m also involved in cooking at the flats and the bungalow.

In the studio I do design, painting and crafts. I do collages and paintings that get cut up and used in greetings cards. I wasn’t previously involved in artistic things.

It’s quite clever how we do things here. We work together on things and a painting for a background might be used with something done by someone else by a group making cards.

When I’m not working I see friends and family, go to the shops, and I like music.

I like the people round here, I like the work and it makes me feel happy and good about myself. I keep happy and enjoy it.”



Alan Grant enjoys working together with other community members in the APT (artists producing together) studio.

“It’s quite clever how we do things here. We work together”

Alan Grant.

Professional approach

Jonas Hellbrandt,
Newton Dee Community Co-worker.

The BA degree in Curative Education (the name changed to BA in Social Pedagogy in September 2010) is a course created through a unique partnership between Aberdeen University and Camphill. Newton Dee is one of the Camphill communities where students live and work while taking the course.

"I originally came to Newton Dee as a volunteer for a year and then returned many times. I came back in 2003 to stand-in for a co-worker going on holiday and intended to return to Denmark to go to university. I discovered that the BA course included arts and crafts, which was something I had always been involved in. So I changed my plans and joined the course.

Through the teaching and reflective practice you learn to develop as a professional and gain the tools of the trade. The holistic approach is unique and valuable. You have the time to explore and use the tools you learn.

Because you are part of the Camphill community, you live and work your teaching throughout the course. It integrates theory and practice so that you can learn something one day and use it the next.

When I completed my degree in 2006, this building at Newton Dee became available so that we could start the Craft Studio. The course makes you feel professionally competent to take on a project like this.

Now, about 25 people use the Craft Studio every week. We assess each person and work with them therapeutically. It's somewhere where people can try new things and produce something out of their own imagination which they can be proud of at the finish."



Jonas and community members in the Newton Dee Community Craft Studio.

"I need to be a 'jack-of-all-trades', always one step ahead of everyone in their individual art and craft projects."

Jonas Hellbrandt.

On the farm

Fiona McIntosh,
Loch Arthur Community Member.

“The thing I like best about Loch Arthur is being on the farm. Before I moved here I was at Camphill Blair Drummond and when I came here I wanted to be a farmer. There were only chickens at Blair Drummond but there are cows here.

I work with cows and sheep and pigs, which I love. I like being with animals. I go riding every other week. I go out with Maggie from the stables.

I work on the farm in the morning and in the afternoon sometimes in the wood workshop and sometimes in the creamery.

On the farm we have a meeting first and talk about who wants to do the pigs or feed the cows or who wants to do the sheep. Or we might be doing wood in the forest. I like it all.

I work with Stephie, Peter and David, John and a new guy called Thomas.

At Halloween we had a big, big supper meal with pumpkin soup and sausages. We also had a harvest supper.

I like to go to Dumfries to buy tractor magazines. I like all kinds of tractors. At weekends I listen to music or go to a different house, and I work some weekends. The music I like is heavy metal – Guns and Roses.”



Fiona loves working with the animals on the farm at Loch Arthur Community.

“I work with cows and sheep and pigs, which I love.”

Fiona McIntosh.

Extra special

Jacqueline Galjaard,
Croft Community Employee.

"I've worked here for six years. I came to the Kingfisher Cafe for lunch with a friend and saw the job advertised and was lucky enough to get it.

My brother has a disability and there are people with learning difficulties in the family. My work here involves supervising and helping the community members working in the cafe, cooking, cleaning, serving customers, everything. Some of our community members are involved for just half-a-day a week while others work here most days.

The volunteer co-workers also help as we are so busy. They enjoy it as it's so different from what they normally do. So there can be quite a lot of training involved.

Most of our customers are now regulars and they bring friends and family. We even have people come from York to buy our bread and have lunch.

When we won the Customers Service Award we were up against people like the Tourist Information Centre. We must be doing something right because they are so lovely there.

I'm very lucky. I really, really like working here. I really like working with the community members. If they weren't here I wouldn't enjoy it so much. You form bonds with people, sometimes for their ability or disability.

It's nice to come to work and Sandra, one of the community members, gives me a hug. That doesn't happen in other places.

Sometimes we laugh and sometimes we have a cry. It's extra special."



Jacqueline (left) with members of the Kingfisher Cafe team.

"I really like working with the community members. If they weren't here I wouldn't enjoy it so much."

Jacqueline Galjaard.

More independent

Phillip Morris,
Oaklands Park Community Member.

“I just moved into this house last week. There's myself and Hester at the moment but there will be four of us. We have our own rooms and share the kitchen and sitting room.

Me and Mark (the community manager) had a little chat and I said I wanted to live more independently. I work with Victor on the farm and saw him being more independent since he moved into his flat. So I talked to him and to Tamsyn, who also has a flat, and to Cecilie (an Oaklands co-worker) as well, and said I wanted to do it.

I'm really enjoying it. I need a little bit of help with cooking so sometimes Sarah helps me and sometimes Lindsey, and there's someone coming tomorrow to help me with cooking and laundry.

I'm getting on really well. If I have any problems I can talk to Cecilie and Anna to work it out.

Now that I'm more independent I go with Sarah to Tesco in Lydney on Monday afternoons. She helps me look at the dates on things at the supermarket and with my card and the cash machine. I can do the money with Sarah's help. It's working really well.

Before, I lived in Peartree house. I work on the Oaklands farm in the mornings and in the wood workshop in the afternoon. So now I just walk across the field from my new house. One of the things I do on the farm is tractor driving.

At weekends I see my girlfriend Penny who lives in Cinderford.

I love living in the new house. It's really nice and I can do more more-independently.”



Phillip has moved into an Oaklands Park house where he can be more independent.

“I can do the money with Sarah's help. It's working really well.”

Phillip Morris.

My week

Michael Plewes,
The Croft Community Member.

Originally from Scarborough, Michael has lived in Malton with the Croft Community for 20 years. He enjoys outdoor work and is a member of the community's gardening team.

Although an experienced gardener, there's always more to learn and this year he's joined a group of fellow community members who are working for a National Proficiency Test Council certificate in horticulture.

Michael took these photos to show some of the people he's involved with during a typical week.



These are the horticulture course students with our tutors Roger and Linda. They come every Wednesday and this photo was taken in the garden at The Croft.

Some of us go to the local gym to keep fit. In this photo are John, Simon, Ben and me with our instructor, Brendan, in the middle.



The Barn is where we can get together for films, concerts and other community events. This was taken at a leaving party for one of our volunteers, Sayaka, from Japan.



These are some of my friends at the local pub, the Wentworth Arms in Old Malton.



Yew Tree Cottage is just across the courtyard from the The Croft, where I live. This is Alison and Sandra relaxing there on a sunny morning.



When I was working in the garden at Michael House, I took this photo of Josh, George and Nikki taking a break.



Being with friends

Douglas Corbin,
Grange Village Community Member.

When Douglas left William Morris House, the Camphill further education college at Eastington, Gloucestershire, last year, he chose to join our community at Grange Village. A year on, he explains his choice and tells how he's getting on.

"I decided to come to Grange because I think they have really lovely people here, good communication and lots of work to do and I wanted to live in an adult community. I'm living in Linden with Jools, Carol, Clive, Penny, Chris, Theo and Hebe.

I work in the pottery with Malcolm every morning. I get involved in clay making. We make plates and bowls. When I was at William Morris House I used to go to the Lansdown Pottery in Stroud.

In the afternoon I work on the land looking after the grounds. I do things like raking leaves, pulling weeds out and cutting the hedges round the estate to keep it looking nice.

The best things about living here are being with my friends and working."



Douglas (above) in the pottery at Grange with friends William and Marina, and the photos (below), which he took of more of his friends at Grange.



Supporting our communities

The Fundraising Office Team, Botton Village.

“In this office there’s Fran, Jackie, Sue, Maureen and Ann, who’s away today, and next door there’s Andrew, our data manager.

Ann and Sue process the mail, Maureen looks after the accounts, Jackie does the newsletter and liaises with Burnetts, our agency, and Fran has an overview of all we do. We use direct mail to reach our regular supporters and to attract new ones. We try to treat our supporters as we would want to be treated ourselves as they are so very kind and generous. So people can choose whether they hear from us quarterly or annually and whether they want to receive just a letter or our newsletter too.

Fundraising began here at Botton Village 28 years ago and since 2002 it’s been on behalf of all the Camphill Village Trust communities. There’s a picture of us on the back of the reply form and we get lovely letters from our supporters who write and tell us all about their families and send photos of family and pets. People can’t always afford to give money and it’s the relationship that is important. We don’t mind if they phone us either and visitors are always welcome here. Botton is always open for people to come and see how their money is used.

One of the things about the way we work is that we don’t differentiate between our supporters by what they give – they are all treated the same. To give £5 might be a lot for a pensioner, so that’s as important to us as the £5000 that someone else might give.

One of the nice things about working here is that we are part of the community and we really enjoy being with the community members.”



Between them Sue, Maureen, Fran and Jackie have worked with CVT fundraising for a total of 59 years.

“Our supporters are so generous and kind and write lovely letters to us.”

The Fundraising Team.

New directions

Brian Mannion,
Taurus Crafts Community Member.

“Before I came to Taurus in 2004 I’d had a nervous breakdown. Camphill has enabled me to rebuild my life. I’m deeply indebted to Taurus.

I worked in the restaurant for four years and then a vacancy became available in the gift shop. I love children, I’m uncle to 10 nieces and nephews, and with the encouragement of my family and Bev and Di, the training and support officers here, I went to the Royal Forest of Dean College to see what child-care courses were available.

I hadn’t been involved in education since I left school in 1979 so I was quite apprehensive.

In 2007/8 I did a Level 2 Certificate in Pre-School Practice with the support of the team here. Then I was asked if I would like to do the Level 3 Diploma in Pre-School Practice which I did in 2009/10.

I was awarded the Early Years and Child Care Student of the Year Award for 2010 by the Children and Young People’s Directorate of Gloucestershire County Council. I didn’t know I’d been put in for it so I was very pleased.

While I was doing the course I worked with the Nutkins Nursery, next door to Taurus, and the Lydney Early Learners playgroup. Now I do voluntary work with the playgroup for three days a week, one day at Taurus and I work with the Forest of Dean Railway. It’s a very busy life.”



Brian Mannion and training officer Di Davis.

“I’ve been pointed in the right direction and given support when I needed it.”

Brian Mannion.

Busy Wednesdays

Beth McIntosh,
Loch Arthur Community Friend.

“Wednesday is my Loch Arthur day.

Our daughter, Fiona, came to Loch Arthur community in 1999. She'd ridden since she was young so when we moved nearby in 2002, I looked into the possibility of riding for her and others at Loch Arthur.

There's a Riding for the Disabled group at Sandy Hills and now 13 people from the community ride there. I come to Loch Arthur on Wednesday mornings and take half one week and half the next. I drive the minibus and help with the riding.

Then on Wednesday afternoons I make chutney. It started when we had spare apples at home so I made chutney to sell in the Loch Arthur shop. Then they asked if I would make chutney with any excess of fruit and vegetables they had.

It's really popular in the shop and we make it from anything - apples, bananas, beetroot, damsons, peppers, tomatoes, kiwi fruit – anything.

In the winter we make marmalade. Chutney and marmalade both take a long time to cook so my Wednesdays are long days!

In the last three years I've got involved with taking groups from Loch Arthur on holidays twice a year. One holiday is usually self-catering in the UK, although this year we went to Brittany. We also went on a RDA holiday the first year and the last two years we've been to the Calvert Trust in the Lake District. There's canoeing, rock climbing, a climbing wall, orienteering and walking.

The holidays are very popular and people are always asking when the next one is.”



Beth with daughter Fiona and fellow community members in the Loch Arthur wood workshop.

“The community at Loch Arthur is fantastic and a great thing to be part of.”

Beth McIntosh.

The right place

Tracey Corfield and Justin Steele,
Botton Village Co-Workers.

Tracey: “I first came to Botton for work experience from school and then came back as a volunteer for a year. After university I was doing research and although I was surrounded by people there was no real connection.

Then I was invited to stay at Botton for Christmas and New Year and shown everything that was going on. I'd never thought of coming back but, once I'd been given the idea, it seemed the right place at the right time.”

Justin: “I'd been doing my first year of biodynamic farm training on a small farm and came here for my second year. I'd visited Botton in my course and thought it an amazing, wonderful and beautiful place. We met when we came for our interviews at the same time eight years ago.”

Tracey: “We moved into Honey Bee Nest farmhouse four years ago. There are 11 in the household – us, our children Eve and Wilfred, community members John, Anne, Neil, Luke and Ben, and two volunteers Hans and Konrad. I run the farmhouse and I'm involved in the welfare and admissions groups, the domiciliary care group and I supervise personal care for community members in our neighbourhood.”

Justin: “I run the farm and I'm in the stewards group which looks after the community's finances, the maintenance group, the land group and the social forum which leads our volunteers into areas of responsibility. I also do all the grant applications for Botton's farms and then we're involved in festival groups and school events. A lot of what we do as work is really just living.”



Tracey, Justin and son Wilfred and members of the Honey Bee Nest household.

**“This is the work we want to do
and the place we want to be.”**

Tracey Corfield & Justin Steele.

Everyone's kind

Harriet Kissick Jones,
Grange Village Community Member.

"I moved here in September; before that I was at The Mount (a Camphill college of further education) for four years.

I have a very good friend here, Charlotte, and she told me about it. She invited me for a sleepover and showed me round. Then I came for work experience and for a trial visit.

Everyone's nice here; everyone's kind and the co-workers are nice. I wanted to come here because I want to learn how to be independent, and learn new things and how to do things. At the moment I'm learning how to cook and how to look after myself and keep my room tidy, although I'm a tidy person and don't like to see stuff in a mess.

I had a problem getting here with my funding and my Dad had to fight for it. He was on the phone every single day. Then a friend put me in the newspaper to tell them how much they had put me through.

At the moment I cook in my house in the mornings, except on Thursdays when I'm in the bakery making pizza. On Monday afternoons I do drama and the other afternoons I do estate work. I enjoy that because I don't like to be indoors all day, I like to be outside.

When I lived at home, there wasn't much stuff for me to do.

I have a very nice room and in my spare time I like to do my dancing and listen to my music. I love Salsa dancing and singing – I've just joined the choir here.

I love being here with my friends – and I've got a boyfriend."



Harriet with the Guardian newspaper article which highlighted her funding difficulties and the problem of 'ordinary residence'.

"I want to learn how to be independent and how to do things."

Harriet Kissick Jones.

Social enterprise

Elizabeth Ball,
Taurus Crafts Centre Manager.

“I like the challenge of trying to do good things through the marketplace. We are always trying to balance what we can do with what we want to do, which is provide work opportunities, training and development for people with disabilities.

Social enterprise – commerce for a social purpose – is my interest. I first came here not long after it opened and I was struck by how it had a different feel. I became a member of the local management committee as a volunteer and later ran my own business here. Now I manage the commercial side of Taurus Crafts – the restaurant, gift shop, pottery and market garden.

We try to support the local economy and work with people starting new businesses. We try to buy local rather than from national suppliers and we try to work with people who are looking after the land. We work with ethical products which are usually more expensive and this is not a wealthy area and price is important.

We face all the challenges of commerce at the present time and we need to balance what we do socially with market requirements. All the different parts of the business involve the people supported in the Taurus community.

In the restaurant, for example, we can't survive just selling coffee and cake, so we've been trying to develop a more specialist food offer. We've been having a monthly evening event – the Seasonal Table – to show the range of food that can be prepared using fresh seasonal produce. Caribbean, Spanish and Moroccan evenings have been included using produce from our garden and our La Bodega delicatessen.”



Elizabeth manages the business side of the Taurus craft centre.

“The whole idea is to offer a range of opportunities to the people we support and allow them to be involved in all that’s happening.”

Elizabeth Ball.

Career break

Desy Chrisnatalia,
The Croft Community, Volunteer.

“I came to The Croft two months ago, from Indonesia. I was in Camphill in 2008/09 at the Sheiling School, Ringwood, and while I was there I visited an adult community and wanted to have another year working with adults.

I trained in clinical psychology and in Indonesia I work with children with special needs but I only see them for a short time. Living with them I learned much more.

I was back in Indonesia for a year and am taking a career break to be here. I'm finding it really different working with adults. Most of the children were very dependent and needed help with every aspect of their lives. Here I find I sometimes try to help when people don't need it. I have to remember that here I am a support worker.

So I'm still learning how to work to support people here. Many of the adults can communicate very well and can express themselves verbally.

Since I've been here I've been working with people in the candle workshop, the garden and the craft workshop and sometimes I work in the house.

It would be really good if we had something like this in Indonesia. People with special needs in my country still come in second or third place. There is nothing for them after high school and here people can be part of a community like this.

In my training I have learned what it is like for people with special needs, but living and working with the people here I find it is so different from what I have in my mind. I hope to take my experience here and use it back in Indonesia.”



Desy in the Croft craft workshop with community member Gareth.

“I hope to take my experience here and use it back in Indonesia.”

Desy Chrisnatalia.

Tomorrow's leaders

Stephen McGechan,
Larchfield Community Member.

Stephen has been part of the Larchfield Community's Speaking Up group for some time and last year was elected co-chairman of Middlesbrough Learning Disability Partnership Board. Now he's half-way through a Tomorrow's Leaders course organised by Inclusion North for people who are self advocates and are involved in making things better for people with learning disabilities where they live.

"I heard about the course at the Partnership Board and I've been to the introductory session and to the second session which was for three days. It's held at Ushaw College, Durham. There will be a third and fourth session and graduation in January.

It's a new experience to go to somewhere like Ushaw College. It's beautiful and you have your own room. Susan comes with me to support me.

Last time we were talking about how it used to be for people with learning disabilities. They were put in institutions with girls on one side and boys on the other. It wasn't right to put children away like that. People came to the course to tell us their stories, like Bill from Liverpool.

It's wonderful to meet new people and be part of something like that and Inclusion North is very good. In between sessions there are projects and homework to do.

I will tell them about it at the Partnership Board meeting. I want to get the message across to other people with learning disabilities that you should be treated like other people, to be equal."



Stephen is supported on the course by Larchfield co-worker Susan.

"People with learning disabilities should be treated like other people."

Stephen McGechan.

Energy saving

Taking care of the world around us is an important part of Camphill life. At Botton Village, co-worker Erwin Wennekes and community member James Skinner both discuss energy use.

Erwin: "Wanting to care for the world is also reflected practically by how we use resources in everyday life. We are trying to increase people's awareness of energy use so that they take simple steps – like not leaving a window or door open.

Wherever possible we've upgraded the insulation in our houses. In some that has involved topping up the loft insulation and in other refurbishments a higher level of insulation has been incorporated in the roof design."

James: "The house where I live is well insulated so I don't switch on my radiator much at all. If I'm a bit cold I just put on an extra jumper and thick slippers."

Erwin: "In all the recent house renovations wood-fuelled heating systems have been installed and we use our own timber for fuel as much as possible.

Solar hot water panels have also been installed and we are looking at photovoltaic although it's still very expensive. We can reduce energy use by replacing old fridges and freezers with more efficient ones and having laundry rooms where clothes can be hung to dry rather than tumble dried. Not leaving things on standby can save a considerable amount across the whole of Botton Village."

James: "I have two wind-up radios that are also solar powered. So I leave them on my windowsill to recharge, and if that's not enough I can also wind



Erwin refuels the wood burning boiler with some of Botton's home-grown timber.



James uses a wind-up radio which also recharges with solar energy.

them up. I've also got a wind-up torch. So they don't need to be plugged in.

I use low energy light bulbs too and switch off lights in the house that aren't needed."

Erwin: "The wood-fuelled boiler heating my house also heats another large house, an apartment, the garden workshop and the doll shop. It needs fuelling two to three times a day and cleaning out once a fortnight.

The ground source heat pump and solar hot water installed for the new village store have also proved successful."



Farm & garden facts



The Camphill Village Trust, through our 11 communities, is one of the foremost biodynamic farmers and growers in Britain. Biodynamic farming is a complete system in which all the different components of the farm are seen as parts of a greater whole and it recognises and respects the basic principles at work in nature. With farm animals at the centre, a self-sustaining, balanced and harmonious environment is the result. The principles of biodynamic farming were proposed by Rudolf Steiner.



1670 acres of farmland are cared for by our communities following organic and biodynamic principles.

10 is the total number of farms which are run by six of our communities.

10 of our communities have market gardens growing a wide range of fruit and vegetables to organic and biodynamic standards.

6 of our communities offer a seasonal selection of fresh fruit and vegetables for sale all year round.

3 of our communities use home-produced milk to produce cheese. Loch Arthur's award winning cheeses are available at their farm shop and online at www.locharthur.org.uk; Botton's cheeses are available at their village store and monthly market; and Grange's goats cheese is made for community consumption.

20 different breeds of farm animals are kept on our farms including dairy and beef cattle, sheep, pigs, goats and poultry.

5 rare breeds are supported by our farms – Whitefaced Woodland sheep, Gloucester Old Spot and Saddleback pigs, Golden Guernsey goats and Cream Legbar poultry.

4 of our communities make their biodynamically-reared meat available to the public. The butcher's counter at Larchfield is open every Thursday and Friday selling fresh beef, lamb, pork and poultry; the Loch Arthur Farm Shop and Botton Meat Store and monthly market sell fresh and frozen meat and Grange Village sells frozen pork and pork sausages.

8 of our farms and gardens produce biodynamic seed which is sold by Stormy Hall Seeds, our seed workshop at Botton Village.

96 of the 250 different varieties of vegetables, herbs and flowers offered by Stormy Hall Seeds were grown on our community farms and gardens in 2010. Download the 2011 catalogue at <http://tinyurl.com/stormyseeds> or call 01287 661368 to order a printed one.

Summary Financial Information

for year ended 31st March 2010

THANK YOU

The Camphill Village Trust wishes to express sincere thanks to the many grant-giving trusts, individuals, organisations and companies who generously support our work.

Statement of the Trustees of The Camphill Village Trust Ltd

The purpose of the summary financial information on this page is to present an overview of the sources from which the Camphill Village Trust's income is derived, the activities to which it is applied, and the charity's reserves as at 31st March 2010. These figures are taken from the full annual accounts of the charity, audited by Mazars LLP, Chartered Accountants and Statutory Auditor. This summary may not contain sufficient information to allow for a full understanding of the financial affairs of the charity. For further information please consult the full accounts, the auditors' unqualified report on those accounts and the Report of the Council, approved by the Trustees on 11th September 2010 and submitted to the Charity Commission and to the Registrar of Companies.

Copies can be obtained from:
The Camphill Village Trust Ltd,
The Old School House,
Town Street, Old Malton,
North Yorkshire YO17 7HD.

OUR INCOME...

	2010	2009
Maintenance Payments.....	16,125,414 (62%)	16,100,641 (58%)
Donations & Grants.....	3,513,823 (14%)	4,099,798 (15%)
Farms & Workshops Sales	4,496,639 (17%)	4,586,865 (17%)
Legacies etc.....	1,762,778 (7%)	2,732,661 (10%)
	25,898,654	27,519,965

...AND WHAT IT PAID FOR

Community running costs.....	15,239,378 (55%)	16,355,030 (56%)
Additions to property & assets.....	6,532,166 (24%)	7,311,981 (24%)
Farms & Workshops costs.....	4,072,572 (15%)	4,160,445 (14%)
Cost of generating income.....	1,191,274 (4%)	1,498,412 (5%)
Governance costs.....	449,500 (2%)	349,456 (1%)
	27,484,890	29,675,324

Change in Cash Balances

	-1,586,236	-2,155,359
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RESERVES

Opening balance.....	81,336,079	79,129,203
Additions to property & assets.....	6,532,166	7,311,981
Change in cash balance.....	-1,586,236	-2,155,359
Adjustment for depreciation, amortisation & changes in investments, debtors, creditors & stock.....	733,890	-2,949,746

Balance at 31st March

	87,015,899	81,336,079
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ANALYSIS OF RESERVES

Land, buildings & other tangible assets.....	61,264,994 (70%)	58,635,316 (72%)
Allocated to the building programme.....	9,793,804 (11%)	6,464,283 (8%)
Restricted to donor nominated purposes.....	1,307,165 (2%)	1,278,365 (2%)
Allocated to the social contingency fund, Ruith Fund & other designated funds.....	6,357,924 (7%)	5,959,315 (7%)
Balance for operational requirements.....	8,292,012 (10%)	8,998,800 (11%)
	87,015,899	81,336,079

Directory

General Enquiries

The Camphill Village Trust, The Old School House, Town Street, Old Malton, North Yorkshire YO17 7HD. Tel 08450 944638. Fax 08450 944639. Email cvtsec@camphill.org.uk

Website

You can find out more about all aspects of the Camphill Village Trust at www.cvt.org.uk

Joining a Community.

Adults with disabilities or anyone wishing to contact us on their behalf about supported living opportunities offered by our communities should contact:

The Camphill Advisory Service, 19 South Road, Stourbridge, West Midlands DY8 3YA. Tel 01384 441680. Email advisory.service@camphill.net

Support Co-workers & Volunteers

For more information about working with us as a vocational co-worker or volunteer visit www.cvt.org.uk/vacancies where you will find more information and links to all current co-worker and volunteer vacancies.

Fundraising

To make a donation now or leave a legacy in your will to assist the work of the Camphill Village Trust, please contact: The Camphill Family, Fundraising Office, Botton Village, Danby, Whitby, North Yorkshire YO21 2NJ. Tel 01287 661294. Email: family@camphill.org.uk Web: www.camphillfamily.org.uk

Camphill Products

Goods produced in Camphill community craft workshops and studios are sold worldwide by: Camphill Products, Botton Village, Danby, Whitby, North Yorkshire YO21 2NJ. Tel 01287 661232/239. Fax 01287 661231. Email camphill.products@camphill.net

Camphill Food

Newton Dee, Loch Arthur, Larchfield, Botton and Taurus Crafts all have organic food stores. Contact the community for store opening hours.

Loch Arthur Community's award-winning cheeses are also available by mail order. Visit www.locharthur.org.uk/cheeseorder or tel 01387 760296.

Press & Public Relation

For press and public relations enquiries please contact: CVT Public Relations, Ideas in Print, 9 Main Street, Lowick, Berwick-upon-Tweed TD15 2UD. Tel 01289 388409. Email cvt.pr@camphill.net

Families & Friends

Camphill Families & Friends is a registered charity involving families and friends in supporting communities and individuals who wish to live in Camphill communities. Email families.friends@camphill.net Web www.camphill.org.uk/familiesandfriends

Friends Groups

Friends Groups assist our communities in many ways. They welcome new members who want to get involved in supporting our communities, and are happy to assist with help and advice about Camphill.

Friends of The Croft

Liz Greaves, Linton Cottage, Flaxton, York YO60 7RT. Tel: 01904 468887

Friends of Grange & Oaklands Park

West Surrey & Hants
Mrs Mary W. Soames, Highlands, Upper Old Park Lane, Farnham, Surrey GU9 0AT. Tel: 01252 714739

Friends of Delrow

Delrow House, Hilfield Lane, Aldenham, Watford WD25 8DJ. Tel: 01923 856006.

Friends of Loch Arthur

Mary van Zwanenberg, Barlocco Farm, Auchencairn, Castle Douglas DG7 1RQ. Tel: 01557 500236

Friends of Newton Dee

West Scotland
Mrs Jean Gregory, Duncryne House, Gartocharn, by Alexandria, Dunbartonshire G83 8RZ.

Some of the members of the group who were involved in the Delrow Community Summer School where they created the beautiful feltwork featured on this year's cover.



www.cvt.org.uk

